

The Courage to Parent

Finding Your Inner Compass

Parenting our dynamic and amazing children today is an emotionally demanding task that can be both frustrating and deeply rewarding. We all need courage, perspective, networking and community support. Nancy, a mother of six children, is known for her warmth and humor, deep insight and is dedicated to inspiring confidence and hope. She brings a grandmother's long perspective of what works for healthy families.

Monday Evening, October 26, 2009

**Norman High School Auditorium
911 West Main**

7:00 to 8:30pm – Doors open at 6:30pm

**\$5.00 Suggested Donation at the Door
Space is limited... Reservations Required**

Reservation Deadline: Tuesday, October 20th
(CHILD CARE UNAVAILABLE)



Participants will receive a Certificate of Attendance for 1.5 training hours.

Join us for a “Parent’s Evening” with Nancy Jewel Poer

- ★ Co-founder of Rudolf Steiner College in Sacramento, CA and has taught there over 30 years
- ★ A foremost speaker on parenting, child development and Waldorf education
- ★ An artist and author of a child's first book: *Mia's Apple Tree*
- ★ Promoter of healthy living, including sustainable gardening
- ★ Facilitator of conversations with a lifespan perspective including end of life transitions

◆ **REGISTER NOW** ◆



To register online for this event, e-mail your name, phone number and number of adults attending, to Licia Iverson: licia@middleearthok.org. Write “Courage to Parent” in the subject line of your e-mail.

OR...

Call the Middle Earth office - 329-8660 to register.
For more information, go to www.middleearthok.org

Also....“An Informal Conversation with Nancy” for childcare providers, parents and those interested in Waldorf education will be held Wednesday, October 28, 7-8:30pm at St. Stephens United Methodist Church on McGee.